

নারীর অর্থনৈতিক ক্ষমতায়ন ও নারীর স্বাস্থ্য প্রসঙ্গ

tivtKqv Kexi

mgvR cMwZ welqK Avtj vPbvq Ebwesk kZvāxi gvSvqws mgtq hLb bvi xi cñ½ i "Zj tctZ i i"
Kti, ZLb brixg³, bvi xi fāxbZvi gta B Avtj vPbvU tKv fZ wQj | G Avtj vPbvi μgcwi YwZtZ
wesk kZvāxi ga fvtM brix fāxbZvi m½ h³ nq bvi xi flgZvqb I tRŪvi cñ½wU | Gme cwi fvlv
wbtq ce^ol cūōg tMj vfaP wef bēvkK, wPšwe, mgvR ms-wiK I mgvRKgvPv bvbv eVLv-
wekH nwi Ri Kti tQb | eZgvtb bvi xi flgZvqb I tRŪvi mgZv Avl Zvi gta ivRbwZ, flgZv,
wbqšY Gme cwi fvlv, tjl mubewkZ ntqtQ | Dbqbtbi aviv KvHki Kitz G, tji vti ctk cūqv
wntmte nwi Ri nq tRŪvi tgbw-igs ev tRŪvi mgZvi gj aviv KiY, hv RwmstNi wef betNvYv
thgb wwl mb I teBwRs cūdig di AvKkb Ges meKl GgwMwRi gva tḡ Avtj vPbvi tKv^a
Ptj Avtm | Gi gva tḡ wek vcx ev emqZ mg -Dbqbtgj K KgRvE cfweZ ntqtQ I ntQ |
flgZvqb I mgZvi bZb bZb eVLv t qv ntQ | eZgvtb mi Kvi, vZvms vmgā, cwi Kibv I
Dbqbtms vmgāni KgRvE meKQZB bvi xi A_šwZK I mgvRK flgZvqb tK wek l fvtē i "Zj
t qv ntQ |

ejv ntQ, A_šwZK I ivRšwZK flgZvqb ci uti cwi cK, GB aviyv eVcK fvtē
MhYthvM Zvl tctqtQ | Gw tK wek vsk, AvBGgGdmn wek A_šwZK tbZe, Ges ivRšwZK
wvSvMh tYi t fti wek nZKZMY brix welqK Avtj vPbvq vvi t xKi tYi m½ bvi xi A_šwZK
flgZvqb tbi BvZevPK mēukW Zvt i wM tKv t m v b t qvi dtj GB eVLv GLb Avl Avtj vPbvi
t fti etov P v t j t i mvg t b cto bv |

GB hv tZ fli FYtK bvi xi A_šwZK flgZvqb tbi wePbvq meP0 gwngwšZ Kti t Lv nq | Gi
GiKg GKw eVLv t qv nq th, bvi xi th t n Z i A_šwZK DcvRm flg kḡ bZb fvtē h³ Ges
e emwqK t fti bZb AskMhYKvix, KvRb fli F t Y i mrvqZv Zvt i Rb LpB Ri wi welq |

wš eZgvtb t c v c u miv c v exi AvfAZvi Avtj tK wek vsk, AvBGgGd I Rwmzsn thme
mvd t j i we wbtq mvg t b G t M t Z P v t Q, t m t j v wek H K t i Z v t i t K S k j t j v c h t j v P b v K i v
c t q v R b | e Z g v t b m g q K v i w e f b e M t e l Y m t i e j v h v q, b v i x i A_š w Z K f l g Z v q b, t R Ū v i e l g
t x K i Y, m g Z v A R B I t R Ū v i m g c i Z o v q G m e K v R K Z U v f i g K v t i t L t Q e v i v L t j I A b v b
A M M w Z i Z j b v q t m U v K Z U K z Z v w e k l f v t e g j v q t b i w e i v t L |

fli FYtK bvi xi flgZvqb tbi wqvgK kv wntmte t Lv ntQ, A_P gj avivi eVsvKstq bvi xi, GgbwK
v t c j t l i c t e k w a K v i w b o Z K i v i t K v t v e e v K i v n t Q b v | b v i x i A_š w Z K f l g Z v q b t K
g j a v i v q m g w š Z K i v t h L v t b m g t q i w e G e s t m t c f t Z e v s v k s e e v c b v t K t h L v t b b v i x I
v i v U e K i v i K v i, t m L v t b Z v i v b v i x I v i v M v o x i R b Avj v v e e v c v q t b i w t K B t e n k
h Z e v b | b v i x t h t n Z i t K v t j U i j w t Z c v t i b v, t m R b v f w e K w b q t g m e u e t Z Z v i c t e k w a K v i
e v o t Z D E i w a K v i A v B t b n v Z w t Z n q | G B D E i w a K v i A v B t b n v Z t q v i K v R i U t h t n Z i L p
m n R m v a b q A_e v c j l Z w š K e e t K G i U A v N i Z K t i e t j t m w t K t K D w e k l n u t U b w b | t m

Kvi tVB nqZ gj e'vskS e'e'v cwieZB Kivi mivmwi Df'vM GZ wQvUv| bvixiv FY wbtq tKv_vl cvj vZ cvti bv| wewfbvete ewAZ ntq cU'SK Ae'tb _vKvi cil FY Kti FY tdiZ t'evi bvixi th mnRvZ Pwi wK 'enkó', GB mthvMw KvR j wMtqB bvixi kgtkvly Kivi mthvM 'Zwi Kiv nq|

cRi e'envi AvtMi gtZv wewfbvKvi Lvbv ev e'emvqK cU'Zvb 'vctbi gva'tg Kitj AtbK akj mgj vZ nq| ZvB tZv t'wL wktf vbZ wek; t_tK wkr cU'Zvbm wewfbvete AvDU'vmm® Kiv nt'Q m'wktgi t' tk, hvZ j vf AtbK tenk nq, Z'cwí kgtkvly ev b'v'h' gRvi bv-t' qvi AwfthvM t_tK 'tí _vKv hvq| cvkvcwk D×Z cRi qiz F'tY LvUvtj klgKmn Ab'vb' e'e'vcbvq akj Kg mgj vZ nq, ZvQrov gbdvI Avtm AtbK tenk| hvi tenki fVMB Avtm bvixi kgtK Aegj'wqZ Kti| Gi dtj t'wL m'wktg wepui cU'ZthvMZvq wkr -Kvi Lvbv Mto D'tvQ t'Kwi qv, gvj tqwqv, Pxb, _vBj 'vU, ktj sKv Ges nij Avgtj evsj v't' tk| Gi Kvi Y e'vL'vq tcvkvK wktf klg'tKi Mo gRvi i wbg'e'c Zj bvB ht'ó— eZ'v'tb evsj v't' tk tcvkvK wktf Mo gRvi gvmK 30 Wj vi, fviZ 60 Wj vi Ges P'tb 100 Wj vi |

Avgiv mktj B Rwb, qiz FY e'envi KviX bvixi Øviv Drcw'Z cY' evRvti wepui mgq gj' Zj bvgj Kfite Kg aiv nq| tKv'tv wRbtmi gj' wbaft'Yi t'q'tf m'vaviYZ wetePZ nq Drcv' bKv'tR e'eüZ KuPvg'tj i LiP, cwienY I Ab'vb' hš'cwZ e'enviti gj', kgtgj' Ges gbdv'tK ati| wKs' bvixi Drcw'Z c'tY'i t'q'tf KuPvg'tj i LiP I Aí gbdvB wetePbvq Avtm| w'tR't' i kgtv'tK Zviv tKv'tv w'vbtqvM wntmte atiB bv c'q| Ges w'tRi kgtK w'vbtqvM wntmte bv-aivi c'v'b 'uJ Kvi Y ntj v evRvti cU'ZthvMZvq w'tK _vKvi Rb' c'tY'i Kg gj' i vLv Ges Øvixi k'tgi tZv tKv'tv gj' B tbBØ GB g'vbmKZv|

qiz FY e'envi KviX bvix't' i tenki fVMB h'p' _vtKb Abvb'pwbK LvZ| GB bvixiv msm'ti i hveZvq 'vq'wqZ; mgvj tq cti DcvR'bgj K AvZwi³ KvRwU Kti _vtKb| dtj Zv't' i kvixi K cwí kty nq AtbK tenk| tKv'tv bvix A' DcvR'bgj K Kv'tR h'p' ntj I Zvi Rb' wbaft' Z cwí ewi K cwí kty Ktg bv| w'Y kty w'tZ w'tZ Gfite bvix't' i t'n'q q ntZ _vtK| wKs' GB q'q c't'Yi Rb' h'j h'j ati wbcw'Z-ewAZ bvix't' i q'wZc'tY t'evi tKv'tv Df'vM tKv_vl t'Pv'L cto bv|

GLv'tb Avti Kuv w'elq c'v'mw'ZK| qiz FY th'tnZi 'wi' b'vix't' i j q' KtiB cwí Pw'j Z nq, Kv'tRB F'tYi wKw' t' UvKvUv thvMvo Ki'tZ bvix't' iB f'w'Kv ivL'tZ nq| GB UvKv w'vbtqv'tMi Rb' i LvUvtZ nq bvix'tKB| wKs' UvKvi mivmwi e'enviUv AwZ c'q'kB Avkve'AKfite bvixiv Ki'tZ cv'tb bv| nwiZ'tq tbb cwí ev'ti i cj' l'iv| ej vi Atc'q'v iv'tL bv, qiz FY e'envi KtiB bv Ggb bvix't' i Zj b'vq e'envi KviX bvixiv cwí ev'ti I mgv'tR w'QvUv evowZ gj' cvb| wKs' G'tZl mKj e'Av t_tK Zviv t'et'v'tZ cv'tb bv| Kv'tRB G Ae'vUv'tKI Av'k' Ae'v fivevi tKv'tv mthvM tbB| c'kZ q'lgZvq'tbi Øvti t'c'f'Q'tZ ntj Avgv't' i Av'tiv AtbK' i mgv'tb Gw'tq th'tZ nte|

mgZvi m't' q'lgZvq'tbi GKUv A'v'w'w' m'v'k'f'q'tq| Kv'tRB bvixi nv'tZ UvKv G'tj B nte bv; t' L'tZ nte th, I B UvKv Zviv w'tRiv e'envi Ki'tZ cv'tQ wK bv, UvKvUv e'env'ti i e'vc'ti th'tKv'tv w'v'v's- w'tRiv w'tZ cv'tQ wK bv BZ'w' | thgb evsj v't' tk i RbMY GB iv'tof' gv'j K| Zviv w'tR't' i w'v'v's- gtZv t'f'U w'tq Gg'ic w'be'Pb Kti, hviv iv'v' cwí P'j bvi 'wqZ'f'vi nv'tZ cvb| wKs' w'be'PZ ntq hvevi ci Gg'ic't' i Kv'tRi l'cti Zv't' i Avi tKv'tv w'v'q's' _vtK bv| Zv't' i w'v'q's' t'Kej t'f'v'ti I ciB| thgb e'v's'tK AtbK UvKv _vtK| e'v'sK Kg'RZ'v GB UvKv Av'v'bc'v'tbi m'v' mivmwi h'p'

bvixi A_#bWZK ¶gZvqb hw` ¶i F¶Yi gj j ¶¶` n¶Zv, Zte `vfweKfvteB ¶i F¶Yi cvkvcnik
bvixi `v`¶mev Zvi t`vi ¶Mvovq tciQv¶Zv| th t`tk c¶Z eQi 21 nvRvi bvixi gZi N¶U mšvb Rb¶
w`tZ w¶tq, thLv¶b c¶Z 3664 Rb bvMwi ¶Ki Rb` gv¶ 1 Rb Wv³vi, tmLv¶b `v`¶mevi NvUwZ
KZUv c¶KU n¶Z cv¶i Zv mn¶RB Ab¶gq| ZvB bvixi ¶gZvq¶bi Rb` ¶i F¶Yi tj R a¶i hLb
`v`¶mev Av¶m bv, Av¶m M¶gxY¶dvbmn Ab`vb` tfvM`cY`, ZLb ¶i F¶Yi D¶¶ k` m¶u¶K¶hw` GKwU
c¶kæ¶tov n¶q `wotq hvq Zv wK L¶ Aevš¶ n¶e?

ti v¶Kqv Kexi wbe¶¶x cwi Pj K, weGbwGm Ges m¶ur` K, bvixi | c¶wZ | kabir.rokeya@gmail.com|